



THIS WEEK'S MENU

WEEK COMMENCING
14 OCTOBER 2019



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	PORK SAUSAGES	SHEPHERDS PIE (LAMB)	ROAST GAMMON	BEEF LASAGNE WITH GARLIC BREAD	FISH FINGERS
VEGETARIAN	QUORN SAUSAGES	QUORN SHEPHERDS PIE	QUORN ROAST	VEGETABLE LASAGNE	SPANISH OMELETTE
POTATOES/RICE/PASTA	CREAMY MASHED POTATO		BOILED NEW POTATOES		CHUNKY CHIPS
VEGETABLES	CARROTS & SWEETCORN	PEAS	MEDLEY OF SEASONAL VEGETABLES	BROCCOLI	GARDEN PEAS
JACKET POTATO	JACKET POTATOES SERVED WITH A CHOICE OF TUNA, CHEESE & HOT JACKET FILLING OF THE DAY				
SALAD BAR	A SELECTION OF SEASONAL SALADS AVAILABLE ON THE JACKET POTATO BAR				
FRUIT	DAILY SELECTION OF YOGHURT, FRESH SLICED FRUITS OR CHEESE & BISCUITS				
DESSERT	GINGERBREAD CAKE	CHOCOLATE CHIP COOKIES	STRAWBERRY ANGEL DELIGHT	BLUEBERRY MUFFINS	FRUIT SELECTION